Introducing STEM to young children through outdoor play

Cotlands

Objects like empty containers,

	Activity	Skills and knowledge	Resources required	
Science activities				
Water is a playful resource that encourage	es children to engage in science concepts wh	ile they play and have fun		
	Use small zip lock bags to freeze water in different shapes – on a hot sunny day give the children a block of ice to draw on the paving and watch how the water evaporates	How ice melts How water evaporates States of water (solid, liquid)	Ice blocks	
	Fill 2 shallow containers with water – one should be ice-cold water and the other warm water. Give the children some coloured ice blocks and let them place them in the 2 sets of water and see while ones melt the fastest	Effect of warmth on ice Changing the colour of water Slowing or speeding up the melting process	Containers (ice cream tubs are great) Coloured ice cubes – add some food colouring to the water before freezing Warm and cold water	
	After the rain – help the children make paper boats and float them in the puddles – it's a great opportunity to talk about some simple science concepts	Floating and sinking Water pollution Where does the rain come from	Paper boats	
Technology activities	1 1 7 - 1 1	L		
Technology is more than computers and Apps, it's really about how things work and what				
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Weight

Encourage children to try move an object

	from one point to the other without	Cause and effect	bottles of water, favourite teddy
	actually touching the object – provide	Movement	
1 h	them with some possibilities and then get	Balance	Wheel toys, tubes, large pieces of
	them to suggest some ideas		material, string, and anything else
	Balance them on a skateboard and wheel		you can imagine
	them, use a piece of material to create a		
	hammock or tie some string and pull		
1	get them going and then see what they		
	can do		
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Engineering activities

A garden is a wonderful place to build a city, create a wonderland or even just design a garage for all your cars



Using waste materials like boxes, tubes, and empty containers build a doll house, garage, or entire city – bring out you figurines and enjoy

Mazes can be such fun – use some safe outdoor items like hosepipe, garden chairs, recycled materials like boxes and old pallets to create a maze – then see if you can roll a ball all the way through without touching the sides

Design
Construction
Balance
Size

Direction
Movement
Design
Construction
Proportions

Boxes, empty containers, tubes, bits of material, cardboard

Garden furniture, hosepipes, pool noodles, boxes, pallet wood, ect



Maths activities

Maths is much more than just counting, concepts like number operation, matching, sorting, measuring and data collect are just some of the maths skills children can practise while playing out doors



Let children design their own Frisbees from paper plates (while lying on the grass enjoying the sunshine), they could make them as colourful and exciting as their imagination allows. Then have a contest to see who can throw them furthest – remember to measure using the same size steps or even a straight object like broom stick to see who went the furtherest

Graffiti can be done on a cold day – just grab a warm top and some chalk. Create some geometrical patterns on the walls and paving - they will easily wash off the next time it rains.

Obstacle courses are a great way to have children experience the spacial concepts

Length Speed Counting

Patterns

Shapes

Colours

Paper plates
Creative materials like – crayons,

glitter, pens and markers

Large side walk chalk

Maths vocabulary like – under, next 1st

Whatever you have lying around

like under, next to, besides, as well as	
numerals like 1 st , 2 nd etc	
Build a simple obstacle course with what	
you have – over a chair, through a box, 1 st	
hop through the red hoola hoop then the	
green one. Crawl under the table and	
around the tree -	